



Every step connects us.

Walk up to 61.4 km with us this October to champion well-being and support our Spread Kindness initiatives.

Fairview and Parkwood: Enjoy the trek along the scenic Walter Bean Grand River Trail.

Friday, October 23 and Saturday, October 24, 2026

Start time: 9 a.m.

Craigwiel Gardens: Join the Inaugural 19.4 km walk from the Church at Nairn to Craigwiel Gardens.

Sunday, October 25 Start time: 9:30 a.m.

Choose your trek: from 10 to 61.4 km

42 km	21 km	10 km	21 km	10 km	19.4 km	61.4 km
Fairview to Parkwood over two days	Fairview to Chicopee Ski Hill Friday, Oct. 23	Fairview to Watch Tower Friday, Oct. 23	Chicopee Ski Hill to Parkwood Saturday, Oct. 24	Bingeman Park to Parkwood Saturday, Oct. 24	Church at Nairn to Craigwiel Gardens Sunday, Oct. 25	Fairview, Parkwood and Craigwiel Gardens over three days

Your steps make a difference

Sign Up to Walk or Donate

Fairview
Community



Parkwood
Community



Craigwiel
Gardens

